



*****TOUCH & GO IFK*****

660-687-5677

*****BREAKFAST MEAL*****

Served Daily: Scrambled Eggs, Biscuits & Gravy, and other assorted favorite breakfast items (i.e, French Toast, B-Fast Burritos, Doughnuts, Danishes & other baked Puff Pastries)

*****SPECIALTY MEALS*****

TUESDAY'S

THURSDAY'S

Sloppy Joe's

CornDogs

MONDAY'S/WEDNESDAY'S/FRIDAY'S

Pasta Bar

Pizza

Wings

ITEMS SUBJECT TO CHANGE DUE TO AVAILABILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>2 LUNCH</u> Caribbean Catfish Bourbon Chicken Grilled Steak	<u>3 LUNCH</u> Baked Chicken Stuffed Green Peppers Beef Hot Italian Sausage	<u>4 LUNCH</u> Chicken Teriyaki Creole Fish Fillets Beef and Corn Pie	<u>5 LUNCH</u> Caribbean Chkn Breast Cajun Baked Fish Mambo Pork Roast	<u>6 LUNCH</u> Turkey Nuggets Baked Fish (w/Lemon Garlic Butter) Pepper Steak
<u>9 LUNCH</u> Turkey & Spinach Meatloaf Cheese Manicotti Braised Spareribs	<u>10 LUNCH</u> Southwestern Fish Roast Turkey Braised Beef & Noodles	<u>11 LUNCH</u> Chicken Breast Dijon Onion-Lemon Baked Fish Pineapple BBQ Meatballs	<u>12 LUNCH</u> Southern Fried Chicken Brisket w/ BBQ Sauce Grilled Pork Chops	<u>13 LUNCH</u> Lemon Butter Chicken Honey Garlic Salmon Vegetarian Lasagna
<u>16 LUNCH</u> Cranberry Glazed Chicken Orzo w/ Spinach, Tomato, Onion Hamburger Yakisoba	<u>17 LUNCH</u> Sliced Corned Beef Barley and Spinach Stew Onion-Lemon Baked Fish	<u>18 LUNCH</u> Beef Pot Pie Lemon Pepper Catfish Chicken and Broccoli Stir Fry	<u>19 LUNCH</u> Baja Baked Cod Chicken Fajitas Quinoa Southwestern Sweet Potatoes Black Beans and Corn	<u>20 LUNCH</u> Hot And Spicy Chicken Southern Fried Catfish Spaghetti w/ Marinara Sauce
<u>23 LUNCH</u> Baked Turkey & Noodles Basil Baked Fish Ranchero Steak	<u>24 LUNCH</u> Southern Fried Chicken Shrimp Jambalaya Baked Dijon Pork Chop	<u>25 LUNCH</u> Cheese Tortellini with Marinara Turkey Breast Fillet BBQ Spareribs	<u>26 LUNCH</u> Pasta Primavera Baked Fish w/Lemon Garlic Butter Chicken Parmesan	<u>27 LUNCH</u> Jerk Roast Turkey Grilled Salmon w/Citrus Butter Lasagna
<u>30 LUNCH</u> Caribbean Catfish Bourbon Chicken Grilled Steak	<u>31 LUNCH</u> Baked Chicken Stuffed Green Peppers Beef Hot Italian Sausage			